

CLINICAL RESEARCH USING NORDIC NATURALS® FISH OILS — FALL 2006

Organization	Investigation	Study Type	Subjects	Product Dose Duration	Status
University of Pittsburgh	Fish oil and joint inflammation	open label	adults with non-surgical neck/back pain	ProEPA 2–4 caps/day 75 days (avg)	Published <i>Surgical Neurology</i> 2006;65:326–331
Texas A & M University	Fish oil and glucose uptake	in vitro; dose finding	skeletal muscle cell	ProDHA vs. ProEFA vs. ProOmega n/a	Published <i>Diabetes</i> 2006;55(1):A382
HANDLE® Institute	Fish oil and functional behavior	open label; program evaluation	at-risk orphaned children	ProEFA Junior 2 caps/day 5 months	Published <i>Adoption Today</i> Dec/Jan 2006:38–39
VA New York Harbor Healthcare System	Fish oil and anger measures	double blind, placebo-controlled	adults in drug treatment	ProEPA 5 caps/day 3 months	Published <i>Neuropsychopharmacology</i> 2005;30(1):S87–S88
Pediatric clinic, Arizona	Fish oil for language and learning	open label pilot trial	children with autism or Asperger's disease	ProEFA Junior 2 caps/day 90 days	Published <i>Autism-Asperger's Digest</i> Jan/Feb 2005:36–37
Duke University	Fish oil and anxiety	open label pilot trial	adults	ProOmega 6 caps/day 8 weeks	data analysis
UC Davis	Fish oil on exercise tolerance and vascular function	blinded, placebo-controlled	adults with heart failure	ProOmega 9 caps/day 6 weeks	data analysis
Cedars-Sinai Medical Center	Fish oil as adjunct therapy in major depression	randomized, double blind, placebo-controlled	adults with major depression	ProEPA 2 caps/2x/day 8 weeks	data analysis
Massachusetts General Hospital	Fish oil and clinical depression	randomized, double blind, placebo-controlled	adults with clinical depression	ProEPA Xtra & ProDHA 8 weeks	in process
Pittsburgh, Penn	Fish oil for cardiac protection and joint pain	open label pilot trial	professional football players	ProOmega 4 caps/day 8 months	in process
Confidential site, California	Multi-nutrient intervention on gene expression	long term intervention	adult men	ProOmega 2 caps/day 90 days	in process
Oregon Health Sciences University	Fish oil and Alzheimer's Disease	randomized, double blind, placebo-controlled	senior adults with mild cognitive impairment, probable AD	ProOmega 3 caps/day one year	in process
Oregon Health Sciences University	Fish oil as adjunct therapy for depression in people with Multiple Sclerosis	double blind, placebo-controlled	adults with MS and depression	ProOmega 6 caps/day 6 months	subject recruitment
Confidential site, Ohio	Fish oil and serum C-reactive protein levels	double blind, placebo-controlled	adults with elevated CRP	ProEPA 3 caps/day 8 weeks	subject recruitment
University of Virginia	Fish oil and liver function	randomized, double blind, placebo-controlled	adults with fatty liver	ProOmega 3 caps/day 1 year	subject recruitment
U Washington	Fish oil and lung inflammation	randomized, double blind, placebo-controlled	adults with acute lung injury	ProOmega Liquid 6 tsp/day ≤ 14 days	subject recruitment
UC Davis	Poly- vs. Monounsaturated fats and insulin resistance	randomized, 4-arm, parallel design	women with polycystic ovarian syndrome	ProOmega 6 caps/day 6 weeks	subject recruitment