



JEAN HOFVE, DVM

NORDIC NATURALS' ADVISORY BOARD MEMBER

“Proper diet is the foundation of good health for our dogs and cats. Commercial pet foods contain a huge surplus of proinflammatory omega-6 essential fatty acids, so supplementing the diet with high quality omega-3 essential fatty acids is a crucial step in preventing chronic, degenerative diseases in your pet.”

—Jean Hofve, DVM

Summary of Expertise

Holistic veterinarian Jean Hofve, DVM, is internationally known for her expertise on pet food and nutrition. A well respected writer, Dr. Jean (along with nutritionist Dr. Celeste Yarnall) has just published her first book, *The Complete Guide to Holistic Cat Care: An Illustrated Handbook* (Quarry Books, 2009). After receiving her Doctor of Veterinary Medicine from Colorado State University in 1994, she settled in Denver, practicing full time for five years and then part time while maintaining an active career as a respected writer, speaker, and consultant in all areas of pet health. From 2004 to 2007, she served as the Editor-in-Chief for the *Journal of the American Holistic Veterinary Medical Association*. Dr. Jean has written hundreds of articles, has lectured on pet topics throughout the US, and regularly appears on radio and TV. Her articles have appeared in *Animal Wellness*, *Feline Wellness*, *The Whole Dog Journal*, *The Whole Cat Journal*, *Cats*, *DogWorld*, *Journal of the Academy of Veterinary Homeopathy*, *Journal of the American Holistic Veterinary Medical Association*, and many other publications. Her website, www.littlebigcat.com, is a respected source of information on feline health, nutrition, and behavior. Dr. Jean currently lives in Denver with four fabulous felines: Flynn, Puzzle, Sundance, and Spencer.

Interview Topics

Pet health and well-being, holistic therapies for pets, omega fatty acids, EPA, DHA, fish oil supplementation and research in dogs and cats, fish oil products, cod liver oil, the benefits of essential fatty acids for canines and felines, pet nutrition, pet supplementation.

Professional Affiliations

- American Veterinary Medical Association
- Rocky Mountain Holistic Veterinary Medical Association
- American Veterinary Society of Animal Behavior
- Dog Writers Association of America
- Cat Writers Association

A complete profile is available and can be emailed upon request. Press interviews can be arranged by contacting Shari Hindman, Integral Marketing, Inc. at 303.499.9665 or sharilhindman1@comcast.net.