



LAUREN ZIMET, CCC/SLP

NORDIC NATURALS' ADVISORY BOARD MEMBER

“As a speech language pathologist working with families, I have seen firsthand how fish oil can play a dynamic role in helping children peel back the layers of fog or disconnect, and support the brain and body to function at their true potential.”

Summary of Expertise

Passionate about giving children a healthy start in life, Lauren Zimet, MS, CCC/SLP is a speech, language and early communication specialist with more than 15 years of professional experience. A speaker and educator, she provides individualized speech therapy, leads group workshops and seminars, and provides training and consultation to teachers, parents and other professionals. Lauren has had her work featured in several books including *The LCP Solution*, *Baby Love* and *The Late Talker*, as well as magazines such as *Parenting* and *Advance for Speech-Language Pathologists & Audiologists*. Lauren is the founder of The Healthy Foundations Program, which facilitates brain health education in Georgia -- teaching children about their brains and bodies in order to make healthy choices. Over the years, Lauren has incorporated an integrative approach into her practice, drawing heavily from her Neuro-Developmental Training (NDT) background. She has augmented her education by studying nutrition and brain health, developing a holistic perspective to her work with growing children. Lauren is a registered Better Brains for Babies (BBB) trainer, and provides guidance to new- and soon-to-be-new parents regarding the complex issues of raising a newborn. Lauren earned her Masters degree in Speech Language Pathology in 1995 from Nova Southeastern University in Ft. Lauderdale, Florida and her Bachelor of Science in Communications from the University of Maryland in College Park, MD. She has a Certificate of Clinical Competence in Speech Language Pathology (CCC/SLP), and is certified in Neuro-Developmental Training (NDT).

Specific Subjects

Speech, language and communication skills; child development; techniques and methods to promote intelligence and emotional growth; brain health; child disorders such as apraxia, autism, cerebral palsy and cognitive disabilities; omega fatty acid supplementation and research; fish oil products; food based nutrition and a healthy lifestyle.

Professional Organizations

- American Speech Language Hearing Association (ASHA)
- Georgia Speech Language Hearing Association (GSHA)
- Southern Early Childhood Association (SECA)
- National Association for the Education of Young Children Learning Disabilities Association (LDA)

A complete profile is available and can be emailed upon request. Press interviews can be arranged by contacting Shari Hindman, Integral Marketing, Inc. at 303.499.9665 or sharihindman1@comcast.net.