

N O R D I C  N A T U R A L S[®]
Pure and Great Tasting Omega Oils[®]

Daily **OMEGA-3s**

- ◆ Doctor Recommended
- ◆ Third-Party Tested for Purity & Freshness
- ◆ Great Natural Fruit Taste

JUST ONE SOFT GEL DAILY



Great natural fruit taste!

N O R D I C N A T U R A L S[®]



WHY DO YOU NEED OMEGA-3 OILS?

Omega-3s are essential fatty acids—nutrients our bodies need for a healthy heart, healthy eyes, and a healthy brain and mood.* But it's difficult to get enough omega-3s from food, even with a healthy diet. By supplementing, you can make sure you get the omega-3s you need to achieve optimal health.

PURE • FRESH • EFFECTIVE

For over 15 years, we have been dedicated to improving health by making the best omega-3 oils on the planet. To guarantee that our products deliver the results you're looking for, we third-party test each and every batch—we always have, and we always will.



Daily OMEGA™ with Vitamin D3

Doctor Recommended for a Healthy Heart*

Daily Omega™ is a concentrated formula, and is a great way to maintain healthy levels of omega-3s. Plus, we've added vitamin D3! Vitamin D3 (or cholecalciferol) is the natural form of vitamin D produced by the body, and is better absorbed and utilized than other forms.

- ◆ Doctor recommended
- ◆ Provides all the omega-3s and vitamin D3 you need to support heart health—in just one soft gel a day*
- ◆ Third-party tested for safety & efficacy

Supplement Facts		
Serving Size: 1 Soft Gel		Servings per container: 30
Amount Per Serving		% Daily Value*
Calories	10	
Calories from fat	9	
Total Fat	1.0 g	2%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Vitamin D3 (cholecalciferol)	500 I.U.	125%
Vitamin E (d-alpha tocopherol)	15 I.U.	50%
Omega-3s	Weight‡	Volume %
EPA (Eicosapentaenoic Acid)	325 mg	35%
DHA (Docosahexaenoic Acid)	225 mg	25%
Other Omega-3s	90 mg	10%
Total Omega-3s	640 mg	70%
Oleic Acid (Omega-9)	28 mg	3%

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established. ‡ Natural Triglycerides
 Less than 5 mg of Cholesterol per serving.



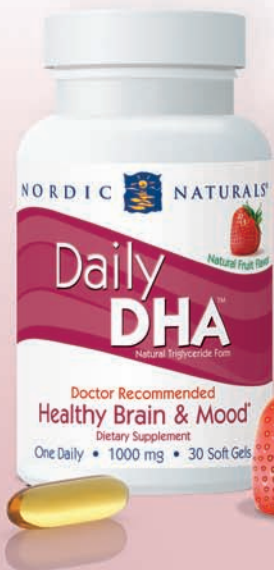
100% Natural lemon
flavor tastes great

Daily DHA™

Doctor Recommended for Healthy Brain & Mood*

Daily DHA™ is a high-potency formula perfect for children, teenagers, and pregnant women. The omega-3 DHA is essential for maintaining cellular fluidity, and supports brain health and emotional well-being.* In fact, 20% of our brain is comprised of DHA.

- ◆ Doctor recommended
- ◆ Provides all the DHA you need to support mood and brain health—in just one soft gel a day*
- ◆ Third-party tested for safety & efficacy



Supplement Facts

Serving Size: 1 Soft Gel		Servings per container: 30
Amount Per Serving		% Daily Value*
Calories	9	
Calories from fat	9	
Total Fat	1.0 g	2%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Vitamin E (d-alpha tocopherol)	15 I.U.	50%
Omega-3s	Weight‡	Volume %
EPA (Eicosapentaenoic Acid)	90 mg	10%
DHA (Docosahexaenoic Acid)	450 mg	50%
Other Omega-3s	40 mg	5%
Total Omega-3s	580 mg	65%
Oleic Acid (Omega-9)	24 mg	3%

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established. ‡ Natural Triglycerides
Less than 5 mg of Cholesterol per serving.

100% Natural strawberry
flavor with none of the
strawberry allergens

Daily OMEGA Kids™

Doctor Recommended for Brain & Visual Function*

Daily Omega Kids™ is a concentrated formula for children ages 3+. Easily swallowed or chewed, these tasty soft gels make it easy to give your child the omega-3s they need—even for those with the pickiest palates.

- ◆ Doctor recommended
- ◆ Provides all the omega-3s children ages 3+ need to support brain and visual function—in just one soft gel a day*
- ◆ Third-party tested for safety & efficacy



Supplement Facts		
Serving Size: 1 Soft Gel	Servings per container: 30	
Amount Per Serving	% Daily Value*	
Calories	4.5	
Calories from fat	4.5	
Total Fat	0.5 g	1%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Vitamin E (d-alpha tocopherol)	7.5 I.U.	25%
Omega-3s	Weight‡	Volume %
EPA (Eicosapentaenoic Acid)	163 mg	35%
DHA (Docosahexaenoic Acid)	112 mg	25%
Other Omega-3s	45 mg	10%
Total Omega-3s	320 mg	70%
Oleic Acid (Omega-9)	14 mg	3%

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established. ‡ Natural Triglycerides Less than 5 mg of Cholesterol per serving.

Kids love the 100%
Natural strawberry flavor!



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

THE NORDIC NATURALS DIFFERENCE

Nordic Naturals is dedicated to making a difference—from the way we source our raw materials, to the way we process our omega-3 oils, to our charitable donation programs. We want to see three generations of healthier, happier people around the world—a perspective we put into action in the following ways.

Transparent Third-Party Test Results:
surpassing all international quality standards

Great Taste:
no fishy smell, taste, or aftertaste

Multi-Patented Manufacturing Process:
yielding industry-leading purity and freshness

Natural Triglyceride Form:
ensuring optimal absorption and bioavailability

Backed by Scientific Studies:
14 published, and more than 30
currently underway

Stringent Quality Control:
complete quality control over every aspect
of our supply chain to ensure safety and quality

Sustainable Sourcing:
100% compliance with the Norwegian
fisheries management system

NORDIC NATURALS, INC.

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