



NORDIC
NATURALS



Nordic
Gummies

NORDIC NATURALS®

Far to the North, amid dark forests, moonlit lakes, and glacial fjords surrounded by snowcapped mountains, you will find the land of the Nordic Trolls.

With huge pointy ears, little eyes, and a long bushy tail, Trolls are magical shape-shifters that live in harmony with the majestic landscapes of Arctic Norway. Some can even travel on the winds.

Because Nordic Trolls dwell in such an icy climate, maintaining good health is an important part of life. There are four clans of Trolls that all work together to keep the entire Troll kingdom healthy: Sea Trolls, Mountain Trolls, Viking Trolls, and Gleaner Trolls each play an essential role in gathering the nutrients the kingdom needs to stay healthy and magical, and each make a different kind of Nordic Gummies.

To see our complete line of fish oil for children, visit: nordicnaturals.com

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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Nordic Omega-3 Gummies™

Chewy tangerine fish oil treats for children ages two years and over

Sea Trolls are the best swimmers in the Troll kingdom—they can hold their breath for hours and swim as fast as a fish. Every day before sunrise, Sea Trolls swim out past the wave break to gather essential nutrients along the bottoms of the deep Norwegian fjords to make **NORDIC OMEGA-3 GUMMIES**.

- No artificial colorings, flavorings, or preservatives
- Milk derivative free
- Gluten free
- Yeast free
- Easy to chew

Supplement Facts		
Serving Size: 2 Gummies (6 g)	Servings per container: 30	
Amount Per Serving	% Daily Value*	
Calories	20	
Calories from fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Cholesterol	0 mg	0%
Total Carbohydrate	4.0 g	1%
Sugars	3.0 g	†
Sodium	10 mg	0.4%
Fish Oil	273 mg	†
EPA (Eicosapentaenoic Acid)	41 mg	†
DHA (Docosahexaenoic Acid)	27 mg	†
Other Omega-3s	14 mg	†
Total Omega-3s	82 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: organic tapioca syrup, organic evaporated cane juice, fish oil (from anchovies and sardines), porcine gelatin, pectin, citric acid, natural flavor, natural color (from annatto), sodium citrate.
Soar Coating: organic sucrose crystals, fumaric acid. No gluten, milk derivatives, or artificial colors or flavors.



Available in 60 count

Nordic™ Omega-3 Fishies

Chewy tangerine fish oil treats for children ages two years and over

Viking Trolls are the most courageous in the kingdom—lightning, thunder, and rough seas do not scare these brave Trolls. Every day at noontide, they sail out together on their Viking ship and navigate the Norwegian fjord waters in order to gather **NORDIC OMEGA-3 FISHIES**.

Supplement Facts		
Serving Size: 1 Fish (10 g)	Servings per container: 30	
Amount Per Serving	% Daily Value*	
Calories	35	
Calories from fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Cholesterol	5 mg	2%
Total Carbohydrate	7.0 g	2%
Sugars	5.0 g	†
Sodium	15 mg	1%
Fish Oil	455 mg	†
EPA (Eicosapentaenoic Acid)	68 mg	†
DHA (Docosahexaenoic Acid)	45 mg	†
Other Omega-3s	23 mg	†
Total Omega-3s	136 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: organic tapioca syrup, organic evaporated cane juice, fish oil (from anchovies and sardines), porcine gelatin, pectin, citric acid, natural flavor, natural color (from annatto), sodium citrate.

Sour Coatings: organic sucrose crystals, fumaric acid. No gluten, milk derivatives, or artificial colors or flavors.

Available in 30 count

- No artificial colorings, flavorings, or preservatives
- Gluten free
- Yeast free
- Milk derivative free
- Easy to chew



Nordic Omega-3™ Gummy Worms

Chewy strawberry fish oil treats for children ages two years and over

Mountain Trolls are the most secretive Trolls—the most anyone has ever seen of one is a bushy tail sticking out from behind a mossy boulder. Every night they emerge from their hidden underground labyrinths to put out baskets of **NORDIC OMEGA-3 GUMMY WORMS** for the Troll kingdom.

- No artificial colorings, flavorings, or preservatives
- Gluten free
- Yeast free
- Milk derivative free
- Easy to chew

Fresh Strawberry Taste
Free of strawberry allergens!

NEW!

Supplement Facts		
Serving Size: 1 Worm (5 g)	Servings per container: 30	
Amount Per Serving	% Daily Value*	
Calories	15	
Calories from fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Total Carbohydrate	3.0 g	1%
Sugars	2.0 g	†
Sodium	5 mg	<1%
Fish Oil	227 mg	†
EPA (Eicosapentaenoic Acid)	34 mg	†
DHA (Docosahexaenoic Acid)	22 mg	†
Other Omega-3s	12 mg	†
Total Omega-3s	68 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: organic tapioca syrup, organic evaporated cane juice, porcine gelatin, fish oil (from anchovies and sardines), citric acid, lactic acid, natural flavor, natural color (from black carrot juice), organic sunflower oil, carnauba wax.

Sour Coatings: organic sucrose crystals, fumaric acid. No gluten, milk derivatives, or artificial colors or flavors.

Available in 30 count



Nordic Berries™

Chewy multivitamin for children two years and over

Provides 100% of the daily value for the most essential nutrients – including zinc and vitamins A, B, C, D3, and E.

Gleaner Trolls have the best vision in the village—only they have the unique ability to see which cloudberries are ripe and ready to pick, and which need a few more days of sunshine. Every day at twilight, Gleaner Trolls gather ripe cloudberries along the banks of the Norwegian fjords to make **NORDIC BERRIES**.

Nordic Berries multivitamins capture the delicious sweet-and-sour citrus taste of cloudberries, and make an ideal companion to any of our fish oil treats.

Supplement Facts			
Serving Size: 4 Nordic Berries (12 g)		Servings per bottle: 30	
Amount Per Serving		% 2-4 yrs	% 4+ yrs*
Calories 35	Calories from Fat 0		
Total Fat	0 g		
Saturated Fat	0 g		
Trans Fat	0 g		
Cholesterol	0 mg		
Total Carbohydrate	9 g †	3%	
Dietary Fiber	0 g		
Sugars	6 g †		
Vitamin A (as beta-carotene)	2500 I.U.	100%	50%
Vitamin C (as ascorbic acid)	40 mg	100%	67%
Vitamin D3 (as cholecalciferol)	400 I.U.	100%	100%
Vitamin E (as d-alpha tocopheryl acetate)	10 I.U.	100%	33%
Vitamin B1 (as thiamin mononitrate)	0.75 mg	107%	50%
Vitamin B2 (as riboflavin)	0.85 mg	106%	50%
Vitamin B6 (as pyridoxine HCl)	1 mg	143%	50%
Vitamin B12 (as cyanocobalamin)	3 mcg	100%	50%
Folic acid	0.2 mg	100%	50%
Biotin	0.15 mg	100%	50%
Pantothenic acid (as d-calcium pantothenate)	5 mg	100%	50%
Calcium (as calcium citrate)	20 mg	2.5%	2%
Iodine (as potassium iodide)	35 mcg	50%	23%
Magnesium (as magnesium citrate)	5 mg	2.5%	1.3%
Zinc (as zinc citrate)	8 mg	100%	53%
Sodium	15 mg †		1%
Choline (as choline bitartrate)	10 mcg †		†
Inositol	10 mcg †		†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: organic tapioca syrup, organic evaporated cane juice, pectin, citric acid, rice syrup solids, natural flavor, sodium citrate.
Sour Coating: organic sucrose crystals, fumaric acid.
Contains vitamin E derived from refined soybean oil.
This product does not contain gluten, milk derivatives, or artificial colors or flavors.

Available in 120 count

- No artificial colorings, flavorings, or preservatives
- Pectin based
- Gelatin free
- Allergen free
- Delicious sweet-and-sour taste
- Easy to chew

