## OMEGA-3 FOR BRAIN AND VISUAL HEALTH

at all ages



ou probably already know how important the essential fatty acid, DHA (docosahexaenoic acid), is for a child, for visual and mental development, but did you know it is just as important for you.

Low levels of DHA have been linked to memory loss, depression, and Alzheimer's disease in adults. DHA is also important for maintaing optimal visual health.

## Research shows that DHA:

- supports the mental function of children and adults
- is important for visual function throughout life\*
- improves communication between the brain cells\*
- Helps slow memory loss, and cognitive decline\*
- vital for mood support\*

Third-party testing confirms Nordic Naturals offers the purest and freshest Omega oils found anywhere.

For research on Omega-3 fish oils, visit: omega-research.com



Store name here

store address will go here

city state and zip code

telephone number larger text

\*\* XX% off Nordic Naturals cod liver oil products during the month of XXX 2008



