



**OMEGA-RESEARCH.COM**

Discover the research behind the nutrients



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## Omega Oils Support Optimal Health

Polyunsaturated fatty acids (PUFAs) such as the omega-3s EPA and DHA found in fish and marine microalgae, as well as the omega-6 GLA from borage and evening primrose seeds, offer support for many common health conditions. Daily supplementation with these foundational nutrients can promote healthy cellular signaling and optimize long-term physiological health and functioning.\*

## Omega-Research.com

To help practitioners and patients make informed decisions when prescribing or choosing nutritional supplements, Nordic Naturals developed and continuously updates Omega-Research.com with the latest published research on omega-3 and omega-6 fatty acids.

At Omega-Research.com you will find:

- Access to thousands of published scientific abstracts
- Links to case reports, clinical studies, and meta-analyses
- Objective information across a range of health interests
- Information sourced from public online medical journals, and clinical research

**With over 12,000 clinical trials, omega-3s from fish oil are one of the most researched sources of nutrition available to modern medicine.**

## Science Is in Our DNA

Nordic Naturals is grounded in science. To date, 55 original studies using Nordic Naturals' products have been published and can be found on Omega-Research.com, and 29 more are currently in progress.

Without solicitation, leading research institutions around the world, including Stanford, UCLA, and Cedars-Sinai Medical Center, choose Nordic Naturals omega oils for their clinical studies. Many of these studies are funded by the National Institutes of Health, which requires rigorous documentation of purity, potency, and stability of the products used.

Research fuels our innovation and quest for optimal health. We hope it also informs the health decisions made by practitioners and their patients.

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